



American Association of Cardiologists of Indian Origin



Nov 2009 - AACIO Newsletter November 2009

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AACIO Fall Dinner Meeting 2009

Wyndham Orlando Resort Hotel
8001 International Drive, Orlando, Florida.

Phone: (407) 531-2420

15 Nov 2009
6:15pm

AACIO Dinner Meeting Jointly with North American Section, International Academy of Cardiovascular Sciences, Florida Association of Physicians from India (FAPI), Central Florida Association of Physicians of India (CAPI)

Agenda

6:15 pm – 10:00 pm

Scientific Program

Chairpersons: Drs. Debashish Roychoudhury, Navin C. Nanda and Vibhuti Singh

6:15 – 7:00 p.m. Registration and Reception

7:00 – 7:20 p.m. Prevalence of coronary heart disease and associated risk factors in Asian Indians living in the USA
– Navin C. Nanda, M.D.

7:20 – 7:40 p.m. Newer modality for the treatment of hyponatremic heart failure.
Dr. Debashish Roychoudhury

7:40 – 8:00 p.m. Panel Discussion and Questions from the Audience.
Srinivas Murali, M.D. (Chairperson), Naranjan Dhalla, M.D. (Co-chair person), Kul Aggarwal, M.D. Hanumanth Reddy, M.D., Rakesh Sharma, M.D., Vibhuti Singh, M.D.

8:00 – 8:05 pm International Academy of Cardiovascular Sciences (North American Section).
Dr. Naranjan S. Dhalla, Executive Director

8:05 – 8:20 pm Young Investigator Presentations and Awards

8:20 – 8:25 pm AACIO Honoree Presentation

8:25 pm Dinner (Indian Cuisine)

Faculty:

Navin C. Nanda, MD, Professor of Medicine and Director, Heart Station/Echocardiography Laboratories, University of Alabama at Birmingham, Birmingham, AL. Director, Echocardiography Laboratories, The Kirkin Clinic, University of Alabama Health Services Foundation, Birmingham, AL

Debashish Roychoudhury, MD, Clinical Assistant Professor of Medicine, Weill Medical College of Cornell University, New York, NY

Kul Aggarwal, MD, Professor of Clinical Medicine, University of Missouri and Chief, Cardiology Section, Harry S. Truman Veterans Hospital, Columbia, MO

Srinivas Murali, MD, Professor of Medicine, Drexel University College of Medicine and Director, Division of Cardiovascular Medicine and Medical Director, Gerald McGinnis Cardiovascular Institute, Allegheny General Hospital, Pittsburgh, PA

Hanumanth K. Reddy, MD, Clinical Adjunct Professor of Medicine, University of Arkansas for Medical Sciences, Little Rock, AR

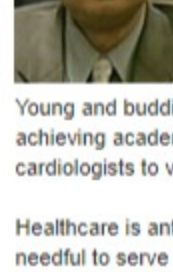
Rakesh Sharma, MD, Clinical Associate Professor of Medicine and Cardiology, Division of Cardiology, Medical Center of South Arkansas, University of Arkansas for Medical Sciences, El Dorado, AR

Vibhuti Singh, MD, Assistant Professor of Medicine, University of South Florida College of Medicine and Director, Division of Cardiology, Bayfront Medical Center, St. Petersburg, Florida and Past President, Florida Association of Physicians from India

We would like to acknowledge support from Otsuka America Pharmaceutical, Inc. and Boehringer Ingelheim Pharmaceuticals, Inc.

RSVP: info@aacio.org

President's Column



As autumn arrives at our doorstep with graceful colors and mystic flavor, my friends and colleagues let us get ready for our semiannual AACIO dinner meeting to be held on 15th November at the Wyndham Orlando Resort in Florida.

AACIO is making rapid strides in accomplishing its mission of eradicating cardiovascular disease worldwide. The World Congress of Clinical, Preventive and Geriatric Cardiology was recently held in the auspicious venue of the Swaminarayan Akshardham Temple in New Delhi. AACIO members were present in this meeting. International panel discussion was held highlighting ways and means to combat this menace in India through preventive approach. Please see the report written by Dr. Kul Aggarwal, Vice-President of AACIO, in another section of this Newsletter.

Young and budding cardiologists are highly encouraged to become members of AACIO. Our organization provides a great forum for networking, achieving academic excellence through abstract submission and presentation, social interaction, job search, etc. I highly encourage all cardiologists to visit our website www.aacio.org for more information.

Healthcare is anticipated to undergo dramatic changes in US. Our specialty is also being affected. It is time to join hands together to do the needful to serve the best interest of our patients. Therefore friends, time is now to become members of our organization to protect the needs and interests of our own ethnicity.

In our semiannual meeting, we have interesting topics of discussion including prevalence of CAD and associated risk factors in Asian Indians in US and newer aspects of management of hyponatremia in heart failure. So stay tuned.

As always the Young Investigator's Award Ceremony for presentation of abstracts will crown our program.

I want to express my heartfelt thanks to Otsuka Pharmaceuticals and Boehringer-Ingelheim Pharmaceuticals for their generous grant support for this program. I want to thank all the members of the Executive Committee for all their dedication and support for our organization. Lastly I want to extend my warm personal regard to Dr Navin C Nanda for his wisdom and support. See you all in Orlando.

Dr. Debashish Roychoudhury (left) receiving the WCCPGC-2009 Distinguished Service Award for Outstanding Contribution in the Field of Clinical and Preventive Cardiology in the World presented by Dr. H.K. Walla (right), Hon'ble Finance Minister, Delhi. And Dr. H.K. Chopra (middle), Organizing Chairman.



AACIO Young Investigator Awards

Dr. Krishna Ramaswamy Award

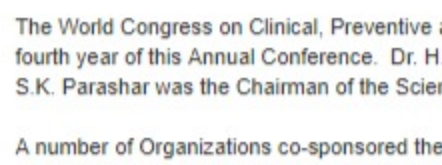
Interventional and Electrophysiology (\$1,000.00 award): Dr. Navinder Sawhney: Segmental Pulmonary Vein Isolation May be the Preferred Initial Ablation Approach in Patients with Symptomatic Paroxysmal Atrial Fibrillation

Dr. Madhukar Deshmukh Awards

Basic Science (\$1,000.00 award): Dr. Jon C. George: Expanded and Genetically Modified Human Cord Blood-Derived CD133+ Stem Cells Improves Cardiac Function in a Rat Model of Acute Myocardial Infarction.

Preventive and Imaging Cardiology (\$1,000.00 award): Dr. Nehal N. Mehta: Insulin Resistance and Presence of the Metabolic Syndrome Predicts Burden of Subclinical Atherosclerosis in Type 2 Diabetes

WORLD CONGRESS ON CLINICAL, PREVENTIVE AND GERIATRIC CARDIOLOGY, October 2-4, 2009, New Delhi, India



World Congress Inauguration Ceremony
From right-to-left: Hon'ble Tejendra Khanna, Lt. Gov. of Delhi, Dr. H.K. Chopra, Organizing Chairman, Dr. H.K. Walla, Hon'ble Finance Minister, Delhi, Dr. Navin C. Nanda, Intl President, Dr. Satish Parasher, Scientific Chairman, Mr. Sushil Ansal, Dr. Rakesh Gupta, Organizing Secretary

The World Congress on Clinical, Preventive and Geriatric Cardiology was held October 2-4, 2009 at Akshardham, New Delhi. This was the fourth year of this Annual Conference. Dr. H.K. Chopra was the Organizing Chairman, Dr. Navin Nanda was the International President and Dr. S.K. Parashar was the Chairman of the Scientific Committee.

A number of Organizations co-sponsored the event. These included the World Heart Academy, Cardiological Society of India, Swami Akshardham, International Medical Sciences Academy, International Society of Cardiovascular Ultrasound and American Association of Cardiologists of Indian Origin (AACIO).

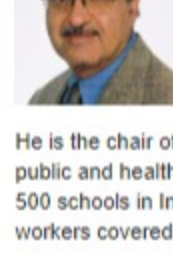
The objectives of the Conference included a focus on "Prevention to Intervention to Prevention" to create guidelines for preventive strategies and create a Heart Attack Eradication Program. There was a special International Panel Discussion on Heart Health and Lifestyle Optimization.

Faculty from India as well as abroad including USA participated. Many were officers/members of AACIO. There was ample opportunity for interaction between the audience and the faculty.

It covered a wide variety of topics and was well attended with over 1800 participants. In addition to the aspects highlighted by the title of the Congress, there was a special emphasis on the interaction between Cardiology and Spirituality. The famous and impressive Akshardham temple provided spiritual ambience to the meeting. Topics included hypertension, role of Yoga and diet and exercise in the prevention of cardiovascular disease, echocardiography, coronary revascularization, heart failure, valvular heart disease, dyslipidemia and cardiac risk in the Indian population.

Kul B. Aggarwal, M.D.
Vice-President, AACIO
Professor of Clinical Medicine, University of Missouri-Columbia and
Chief, Cardiology Section, Harry S. Truman Veterans Hospital, Columbia, Missouri

AACIO Honorees



Srinivas Murali, MD, is a Professor of Medicine at the Drexel University College of Medicine, and Director, Division of Cardiovascular Medicine, and Medical Director, Gerald McGinnis Cardiovascular Institute at Allegheny General Hospital in Pittsburgh, Pennsylvania. He graduated from the University of Madras in India in 1980, and completed his residency training in Internal Medicine and fellowship training in cardiovascular medicine at the Jewish Hospital and Medical Centre, New York in 1985. He moved to Allegheny General Hospital in 2006. In 2004, he was honoured as one of the "Best Heart Failure Specialists" by Business Week. Dr. Murali was recognized for his contributions to cardiovascular sciences by the World Congress of Clinical and Preventive Cardiology in 2008 and 2009. Over the past 24 years, he has authored or co-authored over 120 publications in the field of heart failure, pulmonary hypertension and cardiac transplantation. Dr. Murali's research interests are in developing new treatments for heart failure and pulmonary hypertension, improving outcomes after cardiac transplantation and mechanical circulatory support, developing new biomarkers for diagnosis and prognosis in these patients, and recognizing genetic markers for sudden cardiac death in cardiovascular disease.



Rahul Mehra, PhD, received his bachelor's degree in Electrical Engineering from Indian Institute of Technology (IIT) in India and his PhD in Bio-Medical Engineering from New York in 1975. He was Director of Computerized Electrophysiology at the Brooklyn VA Medical Center and Assistant Professor of Medicine at the Downstate Medical Center till 1983. He joined Medtronic Inc in 1983 and headed research programs leading to the development of implantable defibrillators and devices for treatment of atrial fibrillation. He was granted over 60 patents and has authored over 90 manuscripts and 24 book chapters. He is a Senior Technical Fellow of Medtronic as well as a Bakken Fellow. He retired from Medtronic in 2009. He is on the board of Heartbeat International, which donates free implantable devices to indigent patients in developing countries. He is the chair of Indian Heart Alliance, a non-profit organization dedicated to prevention of Cardiovascular Diseases in India by educating the public and healthcare professionals. He recently developed an educational DVD on anti-tobacco which will be used with WHO funding in over 500 schools in India. He is initiating projects with the Indian government to promote "wellness" and prevention of heart disease in industrial workers covered by the government health insurance schemes.

Memorium

Member Honored

Dr. Satinder Swaroop, member of AACIO Board of Directors, will receive an award as Ethnic Physician of the Year by the California Medical Association during its annual convention on October 16, 2009 in Anaheim, California.

Dr. Navin C. Nanda was awarded the 2009 Distinguished Physician Award by the American Association of Physicians of Indian Origin, presented on June 12, 2009 at their annual meeting. On September 30, 2009, he was presented an award, "Excellence in Echocardiography", by Escorts Hospital, Delhi, India. He was also awarded the "Cardiologist of the Millennium" award by the World Congress on Clinical, Preventive and Geriatric Cardiology (2009) on October 2, 2009 in New Delhi and was presented by the Lt. Governor of Delhi, Shri Tejendra Khanna.

JOB OPENING

Seeking a cardiologist for a practice in California. Contact Dr. Satinder Swaroop (email: swaroopsat@yahoo.com) for further details.

AMERICAN ASSOCIATION OF CARDIOLOGISTS OF INDIAN ORIGIN

(AACIO)

2010 MEMBERSHIP

Dues Invoice

New Application

Renewal

Sunet Mittal

AACIO - Treasurer

Director, Electrophysiology Laboratory
The St. Luke's-Roosevelt Hospital Center
1111 Amsterdam Avenue, New York, NY 10025

Please visit www.aacio.org for more information

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Online Membership Form at www.aacio.org

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